



We're talking about...MOVING ON!!

By Clare Reay

My husband has recently started a vegetable patch... in our flat! We don't even have a proper garden but happily growing on various windowsills and in pots on the patio are courgettes, cucumbers, herbs, tomatoes and – most exciting for me as I love spicy food – chillies. Yum!

Easter is coming up very soon and it's got me excited. Not just about being able to eat chocolate after 6 long weeks without it (have you tried it? Torture!) but about new life, new beginnings, and moving on. Just like those little green shoots that are sprouting up in my flat, we can begin again.

When Jesus died on the cross at Easter, He was sacrificing everything. He took on all our sin so that we could be cleansed and made free. When we accept His forgiveness, we have a new life in Him.

Maybe you have been hurt by something in the past. Maybe a friend has betrayed you or embarrassed you. Maybe somebody in your family has done something that you find hard to let go of and forgive. Sometimes it feels much easier to hold a grudge against somebody, but you will feel much better about yourself if you can try to make a fresh start. To help you, you could talk to someone you trust about what has happened – a teacher, friend, or your parents.

You can also talk to God, and ask Him to give you strength and patience. A few days ago, my husband was concerned the chillies weren't growing because they were too cold so grabbing my hairdryer, he blasted them with hot air! Sometimes we can be like that and we need a 'blast of Holy Spirit' to help us grow. So, ask for God's help and with Him you can look to the future this Easter.

Want to know more? Have a look at some Bible readings:
Romans 3:23-25, Romans 6:3-5, Psalm 130:7, Colossians 1:13-15

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