



We're talking about...BEAUTY!!

By Anna Matus

### **'What you looking at?'**

Tall, short, busty, flat, pale, dark – it's a fact, we all look pretty different. And thank goodness - the world could be a boring place if we all looked the same.

As we grow, our bodies go through many changes. Unwanted spots may start appearing, and you may not always feel your best. However, there's a little secret I want to share with you. Something that I think is pretty important to know, and to never forget.

I can 100% guarantee that there is someone who thinks you are utterly stunning... someone who is bowled over by your beauty.

“How beautiful you are my love. How you delight me!...  
You are wholly beautiful my beloved, without a blemish.”

Any guesses yet?

These lines are from the book of Song of Songs in the Bible (Song of Songs 1:15-16, and 4:7) No matter how you feel, God is saying this to you. Pretty cool? I think so.

However you have imagined God before, prepare yourself to know that your King, your perfect heavenly father, your closest friend, thinks YOU are totally beautiful. Despite what we may sometimes think, God knew what he was doing when he made us. He sees us inside and out, every part, and is charmed by our beauty.

Take a moment to imagine God looking at you now – He thinks you are completely stunning. He sees you. He notices you. You only need to be you. No-one else.

It's a fact. God thinks you are BEAUTIFUL. If this is something you sometimes find hard to believe, why not copy down these simple bible quotes or a message along these lines and keep them in your purse or by your bed. Remind yourself how beautiful and incredible you are in God's eyes. In the morning, going to sleep, walking to school, remember your dazzling beauty. Walk with your head held high, you're beautiful! Take time to thank God for his love and for the amazing gift of you.

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